

The Right Choice... For A Healthier You!™

Nutrition Guideline Per Serving

BEVERAGES	SNACKS	FOOD/ENTREES
Less than 10% Calories from Saturated Fat	Less than 60 mg Cholesterol	
	Less than 1 gram Trans Fat	
Less than 35% total Calories from Fat		Less than 30% total Calories from Fat
Less than 25% Calories from added Sugar	Less than 35% Sugar by weight	
Less than 230 mg Sodium	Less than 270 mg Sodium	Less than 575 mg Sodium
Less than 160 Calories	Less than 200 Calories	Less than 500 Calories

Product calories, fat, sugar, or sodium that are reduced 25% or more compared to the original or a similar standard product are acceptable under the guidelines. Products including a functional benefit, either naturally or with fortified ingredients, that are shown to be effective are acceptable within the guidelines.

When making vending selections

Look for the



the
K O N O P

companies

VMI